## Turning Big Classes into Smaller Units

(http://smhp.psych.ucla.edu/pdfdocs/practicenotes/small classes.pdf)
Just as it is evident that we need to turn schools with large enrollments into sets of small schools, we must do the same in the classroom everyday. As a report in 2000 from the American Youth Policy Forum states:
"The structure and organization of a High School of the Millennium is very different than that of the conventional high school. First and foremost, [the school] is designed to provide small, personalized, and caring learning communities for students . . . . The smaller groups allow a number of adults . . . to work together with the students . . . as a way to develop more meaningful relationships and as a way for the teachers to better understand the learning needs of each student."

## The Key is Grouping

Aside from times when a learning objective is best accomplished with the whole class, the general trend should be to create small classes out of the whole. This involves grouping students in various ways, as well as providing opportunities for individual activity. At a fundamental level, grouping is an essential strategy in turning classrooms with large enrollments into a set of simultaneously operating small classes.
Clearly, students should never be grouped in ways that harm them (e.g., putting them in low ability tracks, segregating those with problems). But grouping is essential for effective teaching. Appropriate grouping facilitates student engagement, learning, and performance. Besides enhancing academic learning, it can increase intrinsic motivation by promoting feelings of personal and interpersonal competence, selfdetermination, and positive connection with others. Moreover, it can foster autonomous learning skills, personal responsibility for learning, and healthy social-emotional attitudes and skills.

A well-designed classroom enables teachers to spend most of their time rotating among small self-monitored groups (e.g., two to six members) and individual learners. With team teaching and staff collaboration, such grouping can be done across classrooms.

Effective grouping is facilitated by ensuring teachers have adequate resources (including space, materials, and help). The key to effective grouping, however, is to take the time needed for youngsters to learn to work well with each other, with other resource personnel, and at times independently. Students are grouped and regrouped flexibly and regularly based on individual interests, needs, and for the benefits to be derived from diversity. Small learning groups are established for cooperative inquiry and learning, concept and skill development, problem solving, motivated practice, peer- and cross-age tutoring, and other forms of activity that can be facilitated by peers, aides, and/or volunteers. In a small group, students have more opportunities to participate. In heterogeneous, cooperative learning groups, each student has an interdependent role in pursuing a common learning goal and can contribute on a par with their capabilities.

Three types of groupings that are common are:

- Needs-Based Grouping: Short-term groupings are established for students with similar learning needs (e.g., to teach or reteach them particular skills and to do so in keeping with their current interests and capabilities).
- Interest-Based Grouping: Students who already are motivated to pursue an activity usually can be taught to work together well on active learning tasks.
- Designed-Diversity Grouping: For some objectives, it is desirable to combine sets of students who come from different backgrounds and have different abilities and interests (e.g., to discuss certain topics, foster certain social capabilities, engender mutual support for learning).
All three types provide opportunities to enhance interpersonal functioning and an understanding of working relationships and of factors effecting group functioning. And, in all forms of grouping, approaches such as cooperative learning and computer-assisted instruction are relevant.

The center is co-directed by Howard Adelman and Linda Taylor and operates under the auspices of the School Mental Health Project, Dept. of Psychology, UCLA, Los Angeles, CA 90095-1563 Phone: (310) 825-3634.

Permission to reproduce this document is granted. Please cite source as the Center for Mental Health in Schools at UCLA.

## Recognize and Accommodate Diversity

Every classroom is diverse to some degree. Diversity arises from many factors: gender, ethnicity, race, socio-economic status, religion, capability, disability, interests, and so forth. In grouping students, it is important to draw on the strengths of diversity. For example, a multi-ethnic classroom enables teachers to group students across ethnic lines to bring different perspectives to the learning activity. This allows students not only to learn about other perspectives, it can enhance critical thinking and other higher order conceptual abilities. It also can foster the type of intergroup understanding and relationships essential to establishing a school climate of caring and mutual respect. And, of course, the entire curriculum and all instructional activities must incorporate an appreciation of diversity, and teachers must plan ways to appropriately accommodate individual and group differences.

## Collaborative or Team Teaching

As Hargreaves notes:
"The way to relieve the uncertainty and open-endedness that characterizes classroom teaching is to create communities of colleagues who work collaboratively [in cultures of shared learning and positive risk-taking] to set their own professional limits and standards, while still remaining committed to continuous improvement. Such communities can also bring together the professional and personal lives of teachers in a way that supports growth and allows problems to be discussed without fear of disapproval or punishment."

Obviously, it helps to have multiple collaborators in the classroom. An aide and/or volunteers, for example, can assist with establishing and maintaining well-functioning groups, as well as providing special support and guidance for designated individuals. As teachers increasingly open their doors to others, assistance can be solicited from paid tutors, resource and special education teachers, pupil services personnel, and an ever widening range of volunteers (e.g., tutors, peer buddies, parents, mentors, and any others who can bring special abilities into the classroom and offer additional options for learning). And, of course, team teaching offers a potent way to expand the range of options for personalizing instruction. Not only can teaming benefit students, it can be a great boon to teachers. A good collaboration is one where colleagues mesh professionally and personally. It doesn't mean that there is agreement about everything, but there must be agreement about what constitutes good classroom practices.

Collaborations can take various forms. For example, teaming may take the form of:

- Parallel Work - team members combine their classes or other work and teach to their strengths. This may involve specific facets of the curriculum (e.g., one person covers math, another reading; they both cover different aspects of science) or different students (e.g., for specific activities, they divide the students and work with those to whom each relates to best or can support in the best way).
- Complementary Work - one team member takes the lead and another facilitates follow-up activity.
- Special Assistance - while one team member provides basic instruction, another focuses on those students who need special assistance.
Usually, the tendency is to think in terms of two or more teachers teaming to share the instructional load. We stress, however, the value of expanding the team to include support staff, aides, volunteers, and designated students to help in creating small groupings. Teachers and support staff can work together to recruit and train others to join in the collaborative effort. And, with access to the Internet and distance learning, the nature and scope of collaboration has the potential to expand in dramatic fashion.


## A Note About Students as Collaborative Helpers

Besides the mutual benefits students get from cooperative learning groups and other informal ways they help each other, formal peer programs can be invaluable assets. Students can be taught to be peer tutors, group discussion leaders, role models, and mentors. Other useful roles include: peer buddies (to welcome, orient, and provide social support as a new student transitions into the class and school), peer conflict mediators, and much more. Student helpers benefit their peers, themselves, and the school staff, and enhance the school's efforts to create a caring climate and a sense of community.

